

ENDOSCOPY, EUS AND ERCP INSTRUCTIONS

Your procedure has been scheduled with Dr. _____

On _____, _____, _____ at _____ am/pm
Day Month Date Arrival Time

At:

☐ Washington Hospital
Admitting Department
2000 Mowry Avenue
Fremont, CA
510-797-1111

☐ Washington Outpatient Surgery Center
First Floor
2299 Mowry Avenue
Fremont, CA
510-791-5374

If you need to cancel or reschedule your procedure please call our office 3 days prior to the procedure at 510-248-1843.

EVENING PRIOR TO YOUR PROCEDURE:

- Please DO NOT eat or drink anything after midnight the night before your procedure

AFTER YOUR PROCEDURE:

- You MUST have a responsible driver pick you up and a responsible caregiver at home with you for 4 hours after discharge

IMPORTANT: There are Medications which MUST be Stopped Prior to your procedure.

- Refer to the "Medication Instructions" on the last two pages.
- Always discuss medication concerns with your doctor.

PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS AT (510) 248-1843

MEDICATION INSTRUCTIONS

Please discuss with your health care provider or cardiologist specific instructions prior to discontinuing any medications.

ANTI-PLATELET – Discontinue 5 Days Prior to Procedure, unless otherwise specified by your physician

- ☐ Clopidogrel (Plavix)
- ☐ Prasugrel (Effient)
- ☐ Ticagrelor (Brilinta)
- ☐ Eptifibatide (Integrilin)
- ☐ Ticlodipine (Ticlid)

ANTI-COAGULANT – Discontinue 4 Days Prior to Procedure

- ☐ Warfarin (Coumadin)

ANTI-COAGULANT – Discontinue 2 Days Prior to Procedure

- ☐ Rivaroxaban (Xarelto)
- ☐ Dabigatran (Pradaxa)
- ☐ Apixaban (Eliquis)

ANTI-COAGULANT – Discontinue 1 Day Prior to Procedure

- ☐ Heparin
- ☐ Enoxaparin (Lovenox)

ANTI-COAGULANT – Ask the Prescribing Doctor When to Discontinue

- ☐ Edoxaban (Savaysa)
- ☐ Fondaparinux (Arixtra)

OTHER MEDICATIONS – Discontinue 5 Days Prior to Procedure

- ☐ Fish Oil
- ☐ Iron Supplements
- ☐ Vitamin E
- ☐ Hydrocil
- ☐ Metamucil
- ☐ Gingko
- ☐ Other Bulk Preparations
- ☐ Turmeric (Curcumin)

FOR 5 DAYS PRIOR TO PROCEDURE – You may take TYLENOL if needed.

ROUTINE PRESCRIBED MEDICATIONS – Continue taking as prescribed.

FOR 3 DAYS PRIOR TO PROCEDURE– Stop JARDIANCE

DIABETES MEDICATIONS – Discuss with your Endocrinologist or healthcare provider.

- Day of the Procedure: DO NOT take your diabetes medication

MEDICATION INSTRUCTIONS

Please review the guidelines from American Society of Anesthesiologists regarding preoperative holding of glucagon-like peptide receptor agonists:

Dulaglutide (Trulicity)
Exenatide (Byetta)
Exenatide extended-release (Bydureon)
Liraglutide (Victoza)
Lixisenatide (Adlyxin)
Semaglutide injection (Ozempic)
Semaglutide tablets (Rybelsus)
Tirzepatide (Mounjaro)
Wegovy (Semaglutide)
Zepbound (Tirzepatide)

If they are given by WEEKLY INJECTION, these medications SHOULD BE HELD 1 WEEK BEFORE procedure.

If they are given ORALLY on a DAILY basis, they SHOULD BE HELD on the DAY BEFORE procedure.